

Resources and Intensive Support Services for Children Ages 0-5



2013

Updated 09-3-13

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5

Acknowledgements

The purpose of this guide is to have all services available in San Luis Obispo County for children ages 0-5 and their families in one, easy-to-access location. This guide is intended to aid both service providers and community members. This guide is available online at www.first5slo.org

The following individuals are acknowledged for their time and support to the 2013 Resources and Intensive Support Services for children Ages 0-5.

Heather Agrusa, *Tri-Counties Regional Center*

Sharlene Agrusa, *Parents Helping Parents*

Sally Ames, *San Luis Coastal Unified School District*

Shannon White Bond, *San Luis Obispo County Office of Education*

Lisa Fraser, *San Luis Obispo Child Abuse Prevention Council*

Susan Hughes, *First 5 San Luis Obispo County*

Misty Livengood, *First 5 San Luis Obispo County*

Laurie Morgan, *South County SAFE Family Resource Centers*

Stephanie Nienemke, *San Luis Obispo Child Abuse Prevention Council*

Angela Rico, *Community Action Partnership of San Luis Obispo County*

Melinda Sokolowski, *Community Action Partnership of San Luis Obispo County*

Cortney Wagner, *Martha's Place Assessment and Treatment Center*

Special thanks to Kristi Adams, San Luis Obispo County Office of Education for her contribution to the project.

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5

Table of Contents

ALPHA Pregnancy and Parenting Support	1
Baby’s First Breath	2
B.E.S.T. P.A.L.S.....	3
Cal-SAFE and HOPE Program, Lucia Mar USD.....	4
CAPSLO Family Support Services	5
CAPSLO Homeless Services	6
CAPSLO Child Care Resource Connection: Prevention and Early Intervention Project	7
Child Care Resources:	8
Child Development Resource Center.....	9
Children’s Resource Network of the Central Coast	11
San Luis Obispo County Tobacco Control Program	12
County of SLO Drug and Alcohol Services.....	13
County of SLO Public Health Department—Child Health and Disability Prevention Program (C.H.D.P.)...	14
County of SLO Public Health Department—Nurse Family Partnership: First Time Mothers Program.....	15
County of SLO Public Health Department—Early Support Program (ESP)	16
County of SLO Mental Health Department—Full Service Partnership (F.S.P.)	17
County of SLO Mental Health Department—Outpatient Clinics	18
Education Advocacy of the Central Coast.....	19
First 5 Oceano School Readiness Program—Hora de Literatura	20
First 5 School Readiness—Paso Robles.....	21
CAPSLO Head Start / Early Head Start	22
Family Care Network, Inc.	25
Jack’s Helping Hand, Inc.....	27
Kinship Center Children’s Clinic / Kinship Support Services	28
Martha’s Place Assessment and Treatment Center	29
One Stop Business and Career Center	30
Parent Connection of San Luis Obispo County	32
Parents Helping Parents of SLO	33
San Luis Obispo County Child Abuse Prevention Council (SLO CAP)	34

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5
PROGRAM INFORMATION SHEET

Sexual Assault Victim Education (S.A.V.E.)	35
Special Education Local Plan Area (SELPA)	36
San Luis Obispo County Office of Education Child Development Programs (State Preschools).....	37
The Teen Academic Parenting Program (TAPP).....	38
Tolosa Children’s Dental Center	39
Transitions Mental Health Association Family Services (T-MHA): Youth Family Partners	40
Prevention Resource and Referral Services (PRRS)Tri-Counties Regional Center & Parents Helping Parents Family Resource Center	41
Tri-Counties Regional Center—Early Start.....	44
United Way of SLO County.....	45
YMCA - Little Adventures Preschool Program	46
YMCA - Los Ranchos Preschool Program	47
YMCA - South County Preschool	48
Coastal Family Resource Center	50
Nipomo Family Resource Center—S.A.F.E.....	51
Oceano Family Resource Center—S.A.F.E.	52
Paso CARES Family Resource Center—S.A.F.E.....	53
San Miguel Community Support Center	54
South County Family Resource Center—S.A.F.E.....	55
The Link	56
The Paso Robles Link.....	57

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5

ALPHA Pregnancy and Parenting Support	
Phone # 805-541-3367	Fax # 805-541-4536
Physical Address: 11549 Los Osos Valley Rd, Suite #104	
Mailing Address: same	
Website: www.sloalpha.org	
<p>Program Description: Alpha provides support and resources to pregnant women and families parenting an infant up to one year old:</p> <ul style="list-style-type: none"> • Maternity & infant clothing and supplies • Cribs, car seats & infant equipment • Classes, workshops & support groups • Postpartum Depression Support & therapy referrals • Security Deposit Loans • Baby food and formula • Pregnancy testing • Educational outreach re: Fetal Alcohol Spectrum Disorder 	
<p>Hours: <u>SLO</u>: M, Tu, W, F 10am-3pm (closed Thursdays) <u>Arroyo Grande</u>: 2nd & 4th Thurs of the month noon-3pm <u>Atascadero</u>: 1st & 3rd Thurs of the month 10:30-1:30pm <u>Paso Robles</u>: 3rd Thursday of the month 2:30-4:30pm <u>Los Osos</u>: 2nd Tuesday of the month 3:30-5pm</p>	
Fees: free	
Eligibility: pregnant or parenting an infant 0-1 years old	
Area Served: all of San Luis Obispo County	
Languages: Spanish and English	
<p>Additional Program Information (optional): Please visit www.sloalpha.org for more information about satellite office locations.</p>	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5

Baby's First Breath	
Phone # 805 -781-1562	Fax # 805- 781-1235
Physical Address: 2180 Johnson Ave., San Luis Obispo, CA 93401	
Email Address: kfarhar@co.slo.ca.us	
Website: http://www.first5slo.org	
Program Description: The Baby's First Breath Program (funded by the First 5 Children and Families Commission of San Luis Obispo County) is a "stop smoking program" designed specifically to meet the needs of pregnant women and their families who want to quit smoking. All services are free. Program offers outreach to medical providers and to possible clients to inform them of our services; tobacco cessation targeted to pregnant women and their partners and to families of children 0 – 5; environmental tobacco smoke presentations targeted to daycare providers and to families of children 0 – 5; and health education classes for preschoolers on the dangers of tobacco use.	
Hours:	
Fees: FREE	
Eligibility: Parents and Families age 0 – 5	
Area Served: All San Luis Obispo County	
Languages: English	
Additional Program Information (optional):	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5
PROGRAM INFORMATION SHEET

B.E.S.T. P.A.L.S.	
Phone # 805-772-6014	Fax # 805-772-8246
Mailing Address: 2585 Ironwood Ave, Morro Bay, CA 93442	
Website: at www.pediatricservices.com – click on BEST PALS	
<p>PROGRAM DESCRIPTION: Behavior Education Screening & Therapy PARENTING AND LIFE SKILLS</p> <p>The BEST PALS program provides early intervention services to families with a child having behavioral or developmental concerns from infancy to age 5.11 years. The program offers personalized parenting education, and assessment & intervention for the developmental / behavioral concerns of the child, and access to parenting resources. Weekly visits for up to 3 months by Educators trained in early childhood development and education and/ or specialist in the areas of speech and language, physical therapy, sensory integration and occupational therapy. We focus on child’s abilities, strengths and needs, and teach parents methods to help the child gain the necessary school readiness skills. Referral to other services, physicians or agencies are made when needed.</p>	
Hours: 8-5 pm, Monday – Friday- Some classes are taught in the evening.	
Fees: There is no charge to families for services. Services are Funded by the: First 5 Commission of San Luis Obispo County	
Eligibility: Developmental delay or concerns regarding kindergarten readiness	
Area Served: Services are available throughout San Luis Obispo County	
Languages: English and Spanish	
Additional Program Information (optional):	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5

Cal-SAFE and HOPE Program, Lucia Mar USD	
Phone # 474-3750 x7571	Fax # 473-5518
Physical Address: support offered at: AGHS, NHS, Lopez HS, Adult Education	
Mailing Address: 1055 Mesa View Drive Arroyo Grande, CA 93420	
Website:	
Program Description: School Based support service program for expectant or parenting students both male and female and their children.	
Hours: 8-4 Monday through Friday during the school year	
Fees: free	
Eligibility: For acceptance: expectant or parenting student without a high school diploma 18 years and under. Can receive services until one semester beyond their 19 th birthday. Students with active IEP can receive services until 21 st birthday	
Area Served: Lucia Mar Unified School District : Shell Beach, Arroyo Grande, Pismo Beach, Oceano, Nipomo, Grover Beach	
Languages: English and some Spanish	
Additional Program Information (optional):	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5

CAPSLO Family Support Services	
Phone # 805-544-4355 x 216	Fax # 805-541-1264
Physical Address: 1030 Southwood Drive, San Luis Obispo, CA 93401	
Mailing Address: 1030 Southwood Drive , San Luis Obispo, CA 93401	
Website: www.capslo.org	
<p>Program Description: Programs provide: parenting education, support father involvement, advocate for the needs of children & families and provide resources and referrals for support services.</p> <p>Direct Services & Parent Education: Community response partner with the Department of Social Services / Child Welfare Services to provide prevention services to keep children safe, healthy and at home for families at risk of child abuse and neglect.</p>	
Hours: Office is 8:00 to 5:00 Monday to Friday, as needed by appointments	
Fees: none	
Eligibility: CWS / CALWorks referral	
Area Served: San Luis Obispo County	
Languages: English and Spanish	
<p>Additional Program Information (optional): Case Management services are available throughout the county; The program is designed to assist individuals to increase parenting skills, build on strengths within the family, access available resources that will assist in family stability and support clients toward becoming self-reliant and self-sufficient.</p>	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5
PROGRAM INFORMATION SHEET

CAPSLO Homeless Services	
Phone # 805-541-6351	Fax # 805-541-5830
Physical Address: 736 Orcutt Road, San Luis Obispo, CA 93401	
Mailing Address: 736 Orcutt Road, San Luis Obispo, CA 93401	
Website: www.CAPSLO.org	
<p>Program Description:</p> <p>Provides services to the homeless who reside in SLO county. MLM Night Shelter located at 736 Orcutt in SLO provides dinner and sleeping quarters for individuals and families.</p> <p>Prado Day Center located at 43 Prado Road in SLO provides a safe place to be during the day along with breakfast, lunch, laundry facilities, child room, mail/phone service, and medical services through Community Health Center.</p> <p>South County Case Management is at 1616 Manhattan Ave. in Grover Beach. (North County office has closed)</p>	
<p>Hours:</p> <p style="padding-left: 40px;">Prado Day Center: 8:30 a.m. to 4:00 p.m.</p> <p style="padding-left: 40px;">MLM Night Shelter: 5:00 p.m. to 7:30 a.m.</p>	
Fees: none	
Eligibility: Homeless	
Area Served: San Luis Obispo County	
Languages: English and Spanish	
<p>Additional Program Information (optional):</p> <p>Case Management services are available throughout the county; The program is designed to assist individuals to increase skills to live independently, access available resources that will assist in resolving issues and support clients toward becoming self-reliant and self-sufficient.</p>	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5
PROGRAM INFORMATION SHEET

CAPSLO Child Care Resource Connection: Prevention and Early Intervention Project	
Phone # (805)541-2272	Fax # (805)541-0141
Physical Address: 805A Fiero Lane, San Luis Obispo, CA 93401	
Mailing Address: 805A Fiero Lane, San Luis Obispo, CA 93401	
Website: www.capslo.org	
Program Description: The Child Care Resource Connection partners with privately funded child care programs to build problem solving skills, self-esteem, social, emotional and behavioral competencies for children between the ages of three and five. The Prevention and Early Intervention project trains child care staff on the utilization of the <i>I Can Problem Solve Curriculum</i> , conducts parent meetings, and engages children in child activities designed to build children’s skills and competencies.	
Hours: 8:00AM – 5:00PM evenings and weekends as needed	
Fees: None	
Eligibility: Licensed Private Child Care Programs (Centers and Family Child Care)	
Area Served: San Luis Obispo County	
Languages: English & Spanish	
Additional Program Information (optional): 	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5

Child Care Resources:

You may contact these programs directly & request to be placed on their individual waiting list.

COUNTY OFFICE OF EDUCATION: Rosario Mora @ 805-782-7275

Operates the CA State, First 5, Preschools at these locations. State Preschools enroll only 3-and-4-year-old children.

LOS OSOS: Sunnyside Elementary – full day program
SAN MIGUEL: Lillian Larsen Elementary – morning program
MORRO BAY: Del Mar Elementary – morning program
PASO: Winifred Pifer – morning program
PASO: Bauer Elementary - morning
PASO: Early Education Center – morning and afternoon state preschool
OCEANO Elementary – morning program and afternoon First 5
GROVER BEACH Elementary – full day program
ATASCADERO: San Gabriel West Elementary– morning program
NIPOMO High School – morning program
SAN LUIS OBISPO: Jespersen Elementary – full day program

P.R.Y.D.E. PROGRAM: Sue Jasper @ 805-769-1100 x 33001; Ana Maria Juarez (bilingual) @ 805-769-1100 x 33003

*Operates BEFORE AND AFTER SCHOOL CARE at the school sites listed below.
This program enrolls only children attending school in the Paso Robles Joint Unified School District*

Bauer Speck Elementary
Georgia Brown Elementary

Kermit King Elementary
Winifred Pifer Elementary

Virginia Peterson Elementary
Pat Butler Elementary

STATE CHILD DEVELOPMENT PROGRAMS: Contact Information listed below.

*Operates Child Care Centers AND contracts with certain private Family Day Care Providers.
This program enrolls only children in the age groups listed by each location below.*

PASO: Georgia Brown Infant/Toddler Center: 3600 Oak St. – ages 12months up to 36 months.

Contact Laura Vega @ 805-226-9945

MORRO BAY: Sequoia Center: 501 Sequoia St. – full day/year round - ages 3 to 5 years.

Contact Tala Romero @ 772-9358

CAMBRIA: Cambria Head Start/State Preschool Center: 2950 Santa Rosa Creek Rd. – full day/ school year - ages 3 & older.

Contact Vonne Miller @ 805-927-1479

ARROYO GRANDE: Step By Step Center at Lopez High - 1055 Mesa View Dr – full day/ school year - ages 0 to 36 months.

Contact Susan Hinek @ 805-474-3750 ext 7501

COUNTYWIDE: Family Child Care Providers for General Child Care & Migrant – ages 0 to 13 years (*services for 11 and 12-yr olds have certain restrictions*). **Contact Asael Picasso @ 805-544-4355 ext 275 CAPSLO**

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5
PROGRAM INFORMATION SHEET

Child Development Resource Center	
Phone # 805.544.0801 ext. 28	Fax # 805.544.2611
Physical Address: 1720 Bishop Street, San Luis Obispo, CA 93401	
Mailing Address: 1720 Bishop Street, San Luis Obispo, CA 93401	
Website: www.childrensresource.org/forms.html	
<p>Program Description:</p> <p>The Child Development Resource Center of the Central Coast (CDRC) is a nonprofit organization and community program providing child development and therapy programs to strengthen families. CDRC has earned special commendations as an exemplary early prevention and intervention program from the California State Department of Education for our unique “wrap around” child development/mental health and family services, and for outstanding community support and involvement in the program. CDRC also works in partnership with families by involving them as the most important people in their children’s lives and basing the program on their needs. Overall, we hope to assist children and families in their efforts to have positive, meaningful, and healthy family relationships. In addition to our full-day child care and therapy program for children ages 2 to 5, we also provide a school readiness/transition program for children entering kindergarten. Our professional staff provides family counseling, group & individual play therapy for children, administration of our child nutrition program, which provides 80% of each child’s daily nutritional needs.</p>	
<p>Preschool -The Child Development Resource Center is a non-profit organization providing child care to children ages 2-5. We accept applications throughout the year and begin our year-long program each July. Tuition for our program is just \$750 per month for full-time students (8:30 a.m. to 4:30 p.m.) or \$450 for part-time students (8:30 a.m. to noon). Daily full and part time rates are also available. Both programs include breakfast and lunch, and full-time children also receive an afternoon snack. Extended hours are feasible with advance notice. Scholarships and financial aid are also available for families who qualify.</p>	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5
PROGRAM INFORMATION SHEET

If you would like to apply for enrollment with our center, you will need to fill out a childcare application. You can pick an application up at our Bishop St. location or download the application from the website:

www.childrensresource.org/forms.html

Therapy – The primary purpose of play therapy sessions is to provide individual time and attention and to facilitate communication with each child. Our specially equipped play therapy rooms provide a space where the child can feel free to communicate through play their feelings, safety issues, and social conflicts. The therapist facilitates

Communication to the child through the play medium an image of the child’s worth, appropriate social interactions, and self-survival skills. The atmosphere encourages trust and helps the non-disclosing child toward disclosure when appropriate. The program

Helps the child build a positive image of self, the world, and his/her own family. The program counteracts the message often given to children who can not yet understand the complex relationships in the world, “don’t feel, don’t trust, and don’t talk.”

Individual therapy is provided for children, teens, and adults who are able to verbally communicate their thoughts and feelings. Sessions can include one or more people in the family, and decisions are made about the course of treatment throughout the time seen with the client on an ongoing basis. CDRC accepts some Medi-Cal Clients or uses a sliding scale for all others. To learn more about our programs or make an appointment, call (805) 544-0801 x28.

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5

Children’s Resource Network of the Central Coast	
Phone # 805-709-8673	Fax #
Physical Address:	
Mailing Address: P.O. Box 454 Pismo Beach, CA 93449	
Website: www.childrensresourcenetwork.org	
Program Description: We provide free clothing and school supplies to children in need. Teen’s Closet – free clothing for teenagers – appointment only. Teen Closet Annex –11950 Los Osos Valley Rd. (Pacific Beach High School) sorting of clothes, run by students. Free to students in SLCUSD. Traveling Children’s Closet-free clothing for newborns to size 12. Emergency request for clothing – 1981 Vicente Dr. Classroom 8	
Hours:	
Fees: FREE	
Eligibility: Any family in need	
Area Served: North Santa Barbara and San Luis Obispo Counties	
Languages:	
Additional Program Information (optional): Please contact Lisa Ray at 805-709-8673 or lisa@childrensresourcenetwork.org to begin using our services.	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5
PROGRAM INFORMATION SHEET

San Luis Obispo County Tobacco Control Program	
Phone #805-781-5564	Fax# 805-781-1235
Physical Address: 2180 Johnson Ave., Annex San Luis Obispo, CA 93401	
Mailing Address: 2180 Johnson Ave., Annex San Luis Obispo, CA 93401	
Website: http://www.slocounty.ca.gov/health/publichealth/HealthPromotion/SLOTCP.htm	
<ul style="list-style-type: none"> • Health education program that works on local tobacco control efforts and motivates users to quit tobacco. 	
Hours: M-F 8:00am-5:00pm	
Fees: None	
Eligibility: None	
Area Served: All of San Luis Obispo County	
Languages: English speaking staff but Spanish materials available	
<p>Additional Program Information (optional): We provide free quit tobacco classes for San Luis Obispo County. We also provide a program called Baby’s First Breath, designed specifically to help pregnant and families with children 0-5 quit tobacco use. Please call us with any questions on the classes and programs we provide.</p>	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5
PROGRAM INFORMATION SHEET

County of SLO Drug and Alcohol Services	
Phone # SLO: 781-4753 Atascadero: 461-6080 Grover Beach: 473-7080	Fax # 461-6114
Physical Address: 2180 Johnson Ave, San Luis Obispo 3556 El Camino Real, Atascadero 1523 Longbranch, Grover Beach	
Mailing Address: Same as above	
Website: www.slodas.org	
Program Description: Outpatient Drug and Alcohol Tx. services	
Hours: Monday through Friday 8 to 6 PM	
Fees: Sliding Fee Scale. Medical accepted	
Eligibility: Everyone	
Area Served: San Luis Obispo County	
Languages: English and Spanish	
Additional Program Information (optional):	
Youth Services available by appointment in Grover Beach and Atascadero Office.	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5

County of SLO Public Health Department—Child Health and Disability Prevention Program (C.H.D.P.)	
Phone # 805 781 5558	Fax # 805 781 4492
Physical Address: 2180 Johnson Avenue, Health Campus Annex, San Luis Obispo, CA.	
Mailing Address: same	
Website: slocounty.ca.gov/health/prevention/healthchild.htm	
Program Description: CHDP is a health promotion and disease prevention program serving California’s (San Luis Obispo County’s) infants, children, and teens. CHDP is responsible for the development and implementation of standards and guidelines for the provision of preventive health services to eligible children. Children eligible for CHDP services are from low income families. Children identified with suspected problems after a health assessment are referred for necessary diagnosis and treatment.	
Hours: 8-5:00 pm Monday through Friday	
Fees: Free to eligible children	
Eligibility: Income Eligibility	
Area Served: San Luis Obispo County	
Languages: English and Spanish	
Additional Program Information (optional): No citizenship requirement	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5

County of SLO Public Health Department—Nurse Family Partnership: First Time Mothers Program	
Phone # 805-788-2068	Fax # 805-781-1372
Physical Address: 2191 Johnson Ave., San Luis Obispo	
Mailing Address: 2191 Johnson Ave., San Luis Obispo, CA 93401	
Website:	
Program Description: Public Health Nurses provide in home visitation and case management services to pregnant and parenting families. Follows Dr. David Old’s curriculum to assist families with supporting their child’s development, access community resources, learn parenting skills, and develop future goals.	
Hours: Monday – Friday, 7:30 to 6:00	
Fees:	
Eligibility: Must make 200% or less of the federal poverty level and be less than 28	
Area Served: San Luis Obispo County	
Languages: English and Spanish. Access the language line for all others.	
Additional Program Information (optional): http://www.nursefamilypartnership.org for more information regarding the nurse family partnership model.	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5

County of SLO Public Health Department—Early Support Program (ESP)	
Phone # 805-788-2068	Fax # 805-781-1372
Physical Address: 2180 Johnson Ave., San Luis Obispo	
Mailing Address: 2180 Johnson Ave., San Luis Obispo, CA 93401	
Website: We are on the Health Agency Website under Maternal Child Health.	
Program Description: Public Health Nurses provide in home visitation and case management services to high-risk pregnant women, families and their children. Assist families with supporting their child’s development, accessing community resources, and developing parenting skills/knowledge. Early Support PHN’s frequently work with families who may either have or be experiencing: <ul style="list-style-type: none">• Teen pregnancy• A low birth weight baby• Difficult parent/child relations• A failure to thrive baby• Tobacco, drug and/or alcohol exposure to mother or baby• Possible birth defects	
Hours: Monday – Friday, 7:30 to 6:00	
Fees:	
Eligibility:	
Area Served: San Luis Obispo County	
Languages: English and Spanish. Access the language line for all others.	
Additional Program Information (optional):	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5

County of SLO Mental Health Department—Full Service Partnership (F.S.P.)	
Phone # 781-4855	Fax # 781-1232
Physical Address: 2178 Johnson Ave. SLO 93401	
Mailing Address: 2178 Johnson Ave, SLO 93401	
Website: None	
<p>Program Description: This program is a component of the Mental Health Services Act. It is a multidisciplinary treatment team providing intensive in home services. Services include: family therapy, case management and rehabilitation. FSP services are provided to mentally ill individuals of all ages throughout the county.</p>	
Hours: 8am-5pm	
Fees: None	
<p>Eligibility: Target population: severely mentally ill individuals that have a serious emotional disturbance or a severe persistent mental illness or have a parent with a severe emotional disturbance, substance abuse issue or co-occurring disorder. Client must also meet at least one of the following criteria: history of high utilization of the system, is in the foster care system with multiple placements, is leaving long term care (level 10-14 group home), is homeless or at risk of homelessness, is new to the system of mental health care and has not been served in the past. Priority populations are: experiencing serious academic problems or meet 26.5 (AB3632 criteria), is exposed to violence at home or traumatized due to loss of family, has been underserved in the past, belongs to a minority or disadvantaged group.</p>	
Area Served: SLO county	
Languages: English & Spanish	
<p>Additional Program Information (optional): All referrals are made directly to the program supervisor, Coralyn Brett. Referrals are then presented to the referral committee that determines if the referral is appropriate.</p>	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5

County of SLO Mental Health Department—Outpatient Clinics	
Phone # 800-838-1381	Fax #
Physical Address: clinics in Arroyo Grande, Atascadero, SLO	
Mailing Address: 2179 Johnson Ave. SLO, CA	
Website: None	
<p>Program Description:</p> <p>Provide mental health services including therapy and medication management.</p>	
Hours: 8am-5pm	
Fees: Medi-cal or fee for service set with family	
Eligibility: Any child with Medi-cal has a right to an intake assessment. Must meet Medi-cal medical necessity.	
Area Served: SLO county	
Languages: English, Spanish	
Additional Program Information (optional):	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5
PROGRAM INFORMATION SHEET

Education Advocacy of the Central Coast	
Phone # (805) 927-5889 (805) 909-7548	Fax # (1-888) 818 -6490
Physical Address: 1241 Knollwood Dr. #37 Cambria, CA 93428	
Mailing Address: Same as above	
Website: educationaladvocacyofthecentralcoast.com	
<p>Program Description: Education Advocacy for regular and special needs children ages: 2-22. We personally assist parents at every step of the way to determine whether or not their child qualifies for special education and related services, a Section 504 Accommodation Plan, analysis of standardized assessments, personal attendance at all school meetings, monitoring of services and follow up to ensure services are carried out properly and with fidelity. We also serve children who may qualify for Tri-Counties Services, Mental Health, Therapy, Americans with Disabilities Act, Social Security, and children who are under the jurisdiction of the Juvenile Justice System.</p> <p>Services are provided by a master’s level degree retired school district special/regular education teacher, K – 12 principal, district superintendent, advocate and paralegal. 32 years of experience.</p>	
Fees: Based on ability to pay.	
Eligibility: Any Child-Parent or Caregiver.	
Area Served: San Luis Obispo and surrounding counties	
Languages: Services are available to our Spanish Speaking Clients.	
Additional Program Information (optional):	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5

First 5 Oceano School Readiness Program—Hora de Literatura	
Phone # 431-2291	Fax # 473-5519
Physical Address: 1551 17 Street, Oceano, CA 93445	
Mailing Address: Same	
Website:	
Program Description: Come hear a fairytale, participate in activities, learn sign language, sing educational songs, and exchange ideas on various topics with other families. For example, how to discipline your child; how to easy frustrations; how to handle temper tantrums. As well as other issues that you might have.	
Hours: Wednesday	
Fees: Free	
Eligibility: For children ages: Newborn-to five.	
Area Served: Oceano	
Languages: Spanish/English	
Additional Program Information (optional):	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5

First 5 School Readiness—Paso Robles	
Phone # (805) 769-1200 ext 23262	Fax # (805) 237-3426 Attn: School Readiness
Physical Address: 3600 Oak Street unit 102	
Mailing Address: 525 36 th Street	
Website:	
Program Description: Connecting parents and children with resources to support children’s healthy development so they are better prepared for school.	
Hours: 8am to 4:30 p.m	
Fees: Free	
Eligibility: A child ages 0-5 in the home	
Area Served: Georgia Brown Area (24 th to 36 th St.)	
Languages: English/Spanish	
Additional Program Information (optional): We link families to preschools, support groups and other agencies depending on family needs. We provide parent workshops such as parenting classes, literature hour and teen parent support.	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5

CAPSLO Head Start / Early Head Start	
Phone # (805) 544-4355 – Office Phone # vary for different programs	Fax # (805) 544-4275
Physical Address: Main office: 1030 Southwood Drive, SLO CA, 93405 Addresses vary for different program options (Please see Head Start / Early Head Start Brochures)	
Mailing Address: Same as above	
Website: http://www.capslo.org/cyfs/hs_home.html	
<p>Program Description:</p> <p>Head Start and Early Head Start are comprehensive child development programs which serve children from birth to age 5, pregnant women, and their families. They are child-focused programs and have the overall goal of increasing the school readiness of young children in low-income families.</p> <p>The Head Start program has a long tradition of delivering comprehensive and high quality services designed to foster healthy development in low-income children. Head Start grantee and delegate agencies provide a range of individualized services in the areas of education and early childhood development; medical, dental, and mental health; nutrition; and parent involvement. In addition, the entire range of Head Start services is responsive and appropriate to each child's and family's developmental, ethnic, cultural, and linguistic heritage and experience.</p> <p>The Head Start program in San Luis Obispo County is operated by the Community Action Partnership of San Luis Obispo County. Children who attend Head Start participate in a variety of educational activities. They also receive free medical and dental care, have healthy meals and snacks, and enjoy playing indoors and outdoors in a safe setting.</p>	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5
PROGRAM INFORMATION SHEET

The Community Action Partnership of San Luis Obispo County Head Start/Early Head Start Program makes special efforts to ensure that children with special needs are able to participate in all aspects of the program either in an inclusive home- based or preschool classroom environment. The program reserves at least 10% of its enrollment slots for children with disabilities and no child will be denied enrollment because of a disability.

A variety of programs are available for parents, including full-day, full-year for parents working or going to school; part-day, full-year; part-day, part-year; and other options. Please see Head Start / Early Head Start Brochures. For more information, please contact the center closest to your home.

HOURS: Vary by program option. Please see Head Start / Early Head Start Brochures

FEES: Free for qualifying families. Must meet the federal income guidelines for low income.

Eligibility:

- Pregnant families and children birth to 5 years of age
- Must meet the federal income guidelines for low income

Information needed to apply:

- Child’s birth certificate
- Immunization Record
- Income verification for parents/guardians
- Valid TB test
- Needed, but not required: Medi-Cal number or other medical insurance number.
- Note: Limited numbers of funded enrollment slots are open to families considered as over income.

Area Served: San Luis Obispo County

Languages:

Additional Program Information (optional):

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5
PROGRAM INFORMATION SHEET

Agency: Creative Mediation	
Phone # 805-549-0442	Fax # 805-549-0654
Physical Address: 285 South Street, Suite J, San Luis Obispo CA	
Mailing Address: Same as above	
Website: www.creativemediation.net	
<ul style="list-style-type: none">• Program Description: Custody Mediation	
Hours: Monday thru Friday: 8:30am-4:30pm	
Fees: A Custody Mediation is: \$75.00 Intake fee and \$400.00 for a 3 hour session	
Eligibility:	
Area Served:	
Languages: English and Spanish	
Additional Program Information (optional):	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5
PROGRAM INFORMATION SHEET

Family Care Network, Inc.	
Phone # (805) 781-3535	Fax # (805) 503-6499
Physical Address: 3765 S. Higuera Street, Suite 100 San Luis Obispo, CA 93401	
Mailing Address: 3765 S. Higuera Street, Suite 100 San Luis Obispo, CA 93401	
Website: www. FCNI.org	
<p>Program Description:</p> <p>Family Care network, Inc. (FCNI) was founded as a California public benefit corporation in August of 1987 by current CEO, Jim Roberts, with the purpose of creating family-based treatment programs as an alternative to group home or institutional care of children and youth. The agency currently serves San Luis Obispo and Santa Barbara counties through multiple programs designed to strengthen and preserve families and individuals. Programs are delivered in partnership with public and private agencies and the community. During the 2011/12 fiscal year, the Family Care Network provided 17 distinct programs in five service divisions, including: Therapeutic Foster Care Services; Family Support Services; Early Intervention and Prevention Services; Transitional Age Youth Services; and Community-Linked Services.</p> <p>▪Therapeutic Behavioral Services (TBS)</p> <p>Short-term, one-on-one individualized behavioral counseling intervention designed to stabilize the behavior of children/youth and prevent removal from home or to assist children/youth transitioning back into the home from a higher level of care such as an inpatient hospital or a group home.</p> <p>▪Familia de Novo (Wraparound Services)</p> <p>Designed to keep families together whenever possible., Familia de Novo, which provides Wraparound services, is a family-centered program that is strength-based, needs-drive, and solutions-focused, integrating a family’s unique culture into their</p>	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5
PROGRAM INFORMATION SHEET

individualized treatment plan. Familia de Novo also serves as an alternative to institutional care for children/youth. Services can be provided in a parent/caregiver home, foster home, transitional host family or in a transitional living apartment setting with a residential assistant.

Hours: Administrative office is open Monday-Friday; 8:30a.m. to 5:00p.m.

On-Call/social Work/In-Home Support is available seven days a week, 24 hours a day.

Fees: Paid for by MediCal and/or EPSDT/Foster Care funds for those eligible.

Eligibility:

TBS: Must be 21 years; full scope MediCal; have an open Mental health Case; the family be willing to participate in TBS services; and have service behavior problems/at risk of being moved to a more restrictive placement/ or have been hospitalized recently for mental health problems and must be approved by Mental Health Authorization Team.

Familia de Novo: Must be in or designated to be place in a high level group home; the family be willing and eager to participate in services; AND a 300 dependent of the Juvenile Court OR a 602 ward of the Juvenile Court OR be eligible to receive services under AB2726, ED designated with IEP and full-scope Medical OR be eligible to receive services through the Adoption Assistance Program.

Area Served: San Luis Obispo and Santa Barbara Counties

Languages: English/Spanish

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5
PROGRAM INFORMATION SHEET

Jack’s Helping Hand, Inc.	
Phone # 805-547-1914	Fax # 805-547-1914
Physical Address: 1212 Joyce Ct. , San Luis Obispo, CA 93401	
Mailing Address: Box 14718, San Luis Obispo, CA 93406	
Website: www.jackshelpinghand.org	
<ul style="list-style-type: none"> • Program Description: Jack’s Helping Hand is a non-profit organization that assists children with illnesses and disabilities, providing special treatments, services, equipment and transportation that are not covered by other sources; or which exceed family financial capabilities. 	
Hours: Office hours are Monday through Thursday from 9 to 4.	
Fees: none	
Eligibility: An application is required for the assistance program.	
Area Served: San Luis Obispo County children aged 0 to 21.	
Languages:	
<p>Additional Program Information (optional): We also provide three adapted toy lending libraries where families can check out adapted and/or educational toys just like you would check out books at a typical library. Little Swimmers is held every Friday at a warm water therapy pool.</p>	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5

Kinship Center Children’s Clinic / Kinship Support Services	
Phone # 805-434-2449	Fax # 805-434-3839
Physical Address: 71 N. Main St., Templeton, Ca. 93465	
Mailing Address: Same as above.	
Website: www.kinshipcenter.org	
<p>Program Description:</p> <p>Kinship Center believes that every child deserves a family. Our mental health clinic and Kinship Support Services offers medication support, psychological testing, individual and family therapy, occupational therapy, parenting education, equine assisted therapy, social skills groups, art therapy camps, case management, advocacy and more to help children maintain permanent placements. Our staff is trained in infant mental health and early intervention techniques.</p>	
Hours: M-F 8 am – 6 pm, Some weekends by appointment.	
Fees: No cost. Medi-Cal and Social Service Funded.	
<p>Eligibility: Child may be living with relatives or already adopted, or adoption is being considered as a permanent plan. A child adopted from another county other than SLO county may be served if the county of origin agrees to host the county providing services. Referrals are made by social services or legal guardians.</p>	
Area Served: All of San Luis Obispo County, in-home services available.	
Languages: English, Spanish.	
<p>Additional Program Information (optional):</p> 	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5

Martha’s Place Assessment and Treatment Center	
Phone # 781-4948	Fax # 781-4964
Physical Address: 2925 McMillan Ave Ste 108, San Luis Obispo, CA	
Mailing Address: Same	
Website: None	
<p>Program Description:</p> <p>Martha’s Place Children’s Assessment and Treatment Center focuses on assessment and treatment of children birth to five who exhibit at-risk behaviors that may be interfering with their normal development and/or who have been prenatally exposed to alcohol or other substances.</p> <p>Children who are referred to Martha’s Place receive a comprehensive assessment of their medical, cognitive, behavioral, social, educational and emotional development, as well as their family relationships. We have a multidisciplinary team that provides a comprehensive assessment to help identify the challenges and needs that are unique to each child.</p>	
Hours: 8am-5pm	
Fees: For those with no insurance.	
Eligibility: ages 0-5, Medi-Cal or no insurance	
Area Served: SLO county	
Languages: English and Spanish	
<p>Additional Program Information (optional):</p> <p>Services provided include a pediatric evaluation, mental health evaluation, psychological evaluation (when indicated), family and individual therapy, case management, caregiver support group, collateral services with family and occupational therapy.</p>	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5
PROGRAM INFORMATION SHEET

Parent Participation Program at San Luis Coastal Unified School District	
Phone # 549-1222	Fax # 544-0638
Physical Address: 1500 Lizzie Street H2, San Luis Obispo, CA	
Mailing Address: 1500 Lizzie Street H2, San Luis Obispo, CA 93401	
Website: http://parentparticipation.org or Adult School http://ae.slcusd.org	
<ul style="list-style-type: none"> • Program Description: Parent Education in a “pre”school classroom setting. • Serving parents or caregivers of children 0-8 • Parents/Caregivers attend class with their children. Classes meet once a week. • Parents with children of the same or similar ages attend together. • Class focus is on child development and fostering healthy relationships, through language, music, movement, play and art activities • Join us at any time! Registration is ongoing. 	
<p>Hours: Parent Participation class times vary. Typically classes are held in the mornings with some afternoons available. Evening Parent Education classes for parents of school age children are also available.</p> <p>San Luis Coastal Adult School Office is open:</p> <p>8:30am- 7:30pm M, Tu, W 8:30am – 4:30pm Th, F</p>	
Fees: Varies \$55 – \$74 for 10 week trimester. Scholarships are available.	
Eligibility: Adult in a parenting role attends with child	
Area Served: San Luis Obispo County and surrounding area	
Languages: English, some Spanish	
<p>Additional Program Information (optional):</p> <p>“Like” our Facebook Page - Parent Participation ~ San Luis Coastal</p> <p>https://www.facebook.com/pages/Parent-Participation-San-Luis-Coastal/132129906815059</p>	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5

Parent Connection of San Luis Obispo County	
Phone # 805 543-3700	Fax #
Physical Address: 1110 California Street, Suite B, SLO 93406	
Mailing Address: PO Box 16036	
Website: www.sloparents.org	
<p>Program Description:</p> <p>Parent Connection of San Luis Obispo County offers a variety of services, including: a web-based family resource center (sloparents.org) with a current list of parenting classes and parenting support services in SLO County, an information line to help parents find appropriate classes in their area (543-3700), and a Parent Connection Helpline (904-1411), with Parent Coaches who can answer parenting questions and provide support. Parent Connection’s services are designed to make parenting less stressful and more rewarding, while promoting positive parenting techniques and building a family’s protective factors. Parent Connection of San Luis Obispo County understands that all families have strengths and all families need support.</p>	
Hours: N/A	
Fees: N/A	
Eligibility: N/A	
Area Served:	
Languages: English/Spanish	
<p>Additional Program Information (optional):</p> 	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5

Parents Helping Parents of SLO	
<p>Phone #</p> <p>SLO: 805-543-3277</p> <p>Atasc: 805-461-7415</p>	<p>Fax # 805-543-2045</p> <p>Email: php@ucp-slo.org</p>
<p>Physical Address:</p> <p>Resource Center Locations:</p> <p>3450 Broad St. Ste. 111, San Luis Obispo, CA 93401</p> <p>4006 Morro Rd. Ste. A, Atascadero, CA 93422</p>	
<p>Mailing Address: 3620 Sacramento Dr. Ste. 201, San Luis Obispo, CA 93401</p>	
<p>Website: phpslo.org</p>	
<p>Program Description:</p> <p>Parents Helping Parents Family Resource Center serves families of children with special needs throughout San Luis Obispo County. Two lending libraries, which cover a wide variety of special needs topics, are equipped with toys, games and a place for children to play while their parents browse. PHP has a network of experienced staff and parents available for mentoring and support. A reliable source of current information, referrals, and training for parents of children with special needs.</p>	
<p>Hours: Please call for site hours</p>	
<p>Fees: None</p>	
<p>Eligibility: None</p>	
<p>Area Served: San Luis Obispo County</p>	
<p>Languages: English & Spanish</p>	
<p>Additional Program Information (optional):</p>	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5

San Luis Obispo County Child Abuse Prevention Council (SLO CAP)	
Phone # 805.543.6216	Fax # 805.543.6216
Physical Address: 1110 California Blvd. #B, San Luis Obispo. CA 93401	
Mailing Address: PO Box 16036 , San Luis Obispo, CA 93406	
Website: www.slocap.org	
Program Description:	
Hours: M-F 9-5	
Fees: N/A	
Eligibility: N/A	
Area Served: Entire Population of San Luis Obispo County	
Languages: Materials in English and Spanish	
Additional Program Information (optional):	
<ol style="list-style-type: none"> 1. Partnership for Excellence in Family Support, a network of family resource centers 2. Beginnings, a perinatal substance abuse collaborative- www.beginningsofslo.org 3. Together We Will-Parent Leadership Academy 4. Talking About Touching - child personal safety program. 5. Parent Connection www.sloparents.org 6. Postpartum Depression Support Line - Call 1-805-541-3367 	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5

Sexual Assault Victim Education (S.A.V.E.)	
Phone # (805) 786-4945	Fax #
Physical Address: N/A	
Mailing Address: P.O. Box 1721, San Luis Obispo, CA 93406	
Website: www.slosave.org	
<p>Program Description:</p> <p>S.A.V.E. provides a free comprehensive safety curriculum called “Talking About Touching” to all interested preschools in SLO County in an effort to prevent the sexual abuse of young children.</p>	
Hours:	
Fees:	
Eligibility:	
Area Served:	
Languages: English	
<p>Additional Program Information (optional): While we do not work directly with Intensive Support Services for the age group 0-5, we do have an interest in being present, with a table of our information, at the forum, since our work focuses on prevention in the same age group.</p>	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5

Special Education Local Plan Area (SELPA)	
Phone # (805)782-7301	Fax # (805) 466-1473
Physical Address: 8005 Morro Road Atascadero. CA 93422	
Mailing Address: same	
Website: http://www.sloelpa.org	
<p>Program Description:</p> <p>The Special Education Local Plan Area (SELPA), per state mandate, provides county wide regional coordination and leadership in special education to insure compliance with state and federal laws relating to students with disabilities. Our SELPA provides an array of services related to special education to LEAs, parents and the community.</p>	
Hours: 8:00-4:30	
Fees: There are no fees for services for children as services are part of Federal Public Education law.	
Eligibility: Based on school district assessments.	
Area Served: San Luis Obispo County	
Languages	
<p>Additional Program Information (optional): The SELPA provides the following:</p> <ul style="list-style-type: none"> • Program availability for all children with disabilities • Curriculum/program development and evaluation • Community Advisory Committee (CAC) support • Community Awareness • Program coordination, fiscal management • Procedural safeguards • Staff development 	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5

San Luis Obispo County Office of Education Child Development Programs (State Preschools)	
Phone # 805 782-7274 or 805 7275	Fax # 805 594-0739
Physical Address: 3350 Education Drive SLO CA 93405	
Mailing Address: same as above	
Website: slocoe.org	
Program Description: 13 State Preschools and 2 First 5 Preschools located at 11 sites throughout the San Luis Obispo County. 1 of the State Preschools has a Pre K Family Literacy based grant 3 sites have extended afternoon programs.	
Hours: vary depending on location - follow school districts calendars	
Fees: income qualification based on the state median income guidelines with a sliding scale family fee. Nominal charge for the 3 extended day programs	
Eligibility: Children must be 3 by Oct. for fall 2013 and by Sept. 1 st in Fall 2014 and potty trained. Priority given to 4 year olds entering Kindergarten the following year.	
Area Served: San Miguel, Paso Robles, Atascadero, Morro Bay, Los Osos, SLO, Grover Beach, Oceano and Nipomo	
Languages: English and Spanish at majority of our centers.	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5

The Teen Academic Parenting Program (TAPP)	
Phone # (805) 544-2484 ext. 3	Fax # (805) 595-1346
Physical Address: 1411 Marsh Street suite 206 San Luis Obispo, CA 93401	
Mailing Address: Same as above	
Website: http://www.capslo.org/ Facebook: http://tinyurl.com/4g6g5ct	
<p>Program Description:</p> <p>TAPP assess the needs of pregnant and parenting teens and coordinates community services and resources in the areas of :</p> <ul style="list-style-type: none">➤ School➤ Health of the parent and baby➤ Parenting➤ Self sufficiency	
Hours: Monday – Friday 8:00 a.m. to 5:00 p.m.	
Fees: none	
Eligibility: must be a pregnant or parenting teen under the age of 18	
Area Served: San Luis Obispo County	
Languages: English and Spanish	
<p>Additional Program Information (optional):</p> <p>The program has offices county wide to meet the unique needs of each community in San Luis Obispo county.</p> <p>Support groups are offered in some locations.</p>	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5
PROGRAM INFORMATION SHEET

Tolosa Children’s Dental Center	
Phone # 238-5334	Fax # 238-6470
Physical Address: 717 Walnut Drive, Paso Robles CA 93446	
Mailing Address: same as above	
Website: www.TolosaChildrensDental.org	
<p>Program Description:</p> <p>A nonprofit “dental home” for underserved children age 0-13 and Foster Care program kids up to age 18. The clinic provides a full range of dental services including preventive, restorative and emergency treatment, as well as care requiring the use of IV sedation or general anesthesia. With every visit, the bilingual team educates and instructs patients and caregivers on the importance of good oral hygiene habits, causes of tooth decay, and provides information about making good nutritional choices. These messages are reinforced at every visit with the intent to break the cycle of poor oral health and improve the entire family’s overall health in the long-term.</p>	
Hours: Mon-Fri 8:00am – 5:00pm (closed from 12-1pm for lunch)	
Fees: Sliding fee scale available for uninsured families; accept the following public insurance programs: Medi-Cal / Healthy Families	
Eligibility: Children (only) from low-income families age 13 & under or Foster Care program kids under age 18.	
Area Served: San Luis Obispo County	
Languages: English / Spanish	
<p>Additional Program Information (optional): Employs a bilingual professional staff including four pediatric dentists, one general dentist and several registered dental assistants. Clinic is privately owned and operated by Partnership for the Children of San Luis Obispo County.</p>	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5
PROGRAM INFORMATION SHEET

Transitions Mental Health Association Family Services (T-MHA): Youth Family Partners		
Phone #	Jackie Garza, SLO/South County, 458-6388 Patty Ramirez, North County, 458-2596 Linda Quesenberry Coastal, 503-0009	Fax # 540-6501
Physical Address: 784 High Street, San Luis Obispo, CA 93401		
Mailing Address: P.O. Box 15408, San Luis Obispo, CA 93406		
Website: www.t-mha.org		
Program Description: Youth Family Partners work with parents and caregivers of minor children, one-on-one, to provide emotional support; resources and referrals to community programs and services; information and education on mental illness and treatment options, along with orientation to the Mental Health system of care; information on Special Education resources; parenting classes; and parent/caregiver support groups.		
Hours: 8am to 5pm		
Fees: No cost		
Eligibility: Individual must be a parent or caregiver of a minor child with mental health, behavioral, or emotional difficulties.		
Area Served: San Luis Obispo County		
Languages: English/Spanish		
Additional Program Information (optional): 		

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5

Prevention Resource and Referral Services (PRRS)Tri-Counties Regional Center & Parents Helping Parents Family Resource Center	
Phone # (805) 543-2833 - SLO	Fax # (805) 543-8725- SLO
Phone # (805)461-7402 - Atascadero	Fax # (805) 461-9479 - Atascadero
Physical Address: 3450 Broad Street Suite 111, San Luis Obispo, CA 93401 7305 Morro Rd. Suite 101, Atascadero, CA 93422	
Mailing Address: Same	
Website: www.tri-counties.org	
Program Description: <p>PRRS provides enhanced information, resources and referrals to families of babies and toddlers, up to age 3, who are at risk for a developmental delay, but do not qualify for California Early Start services through the Tri-Counties Regional Center.</p> <p>Parents helping Parents Family Resource Center will provide eligible PRRS families with comprehensive information and referrals to community resources which may help parents to encourage their children’s development. This is an excellent way to stay connected and involved with your child and community services.</p> <p>PRRS offers: Peer-parent support, information about community activities and resources that can enhance child development, a wealth of information and materials on child development, community service providers, and much more.</p>	
Hours: 8:30am – 5:00pm	
Fees: No Cost	
Eligibility: <p>All infants and toddlers suspected of having a developmental concern including those “at risk” will receive intake and evaluation from Tri-Counties Regional Center to determine eligibility for Early Start services.</p>	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5
PROGRAM INFORMATION SHEET

If the child is not eligible for Early Start, the Tri-Counties Regional Center will determine if a referral to Prevention Resource and Referral Services (PRRS), offered through Parents Helping Parents Family Resource Center, is appropriate based on the child's risk factors. Tri-Counties Regional Center will facilitate each family's access to PRRS with parent consent.

WHO IS ELIGIBLE FOR PRRS?

An infant or toddler under 36 months of age with a combination of two or more of the following factors:

- Prematurity of less than 32 weeks gestation and/or low birth weight of less than 1500 grams;
- Assisted ventilation for 48 hours or longer during the first 28 days of life;
- Small for gestational age: below the third percentile on the National Center for health. Statistics growth charts;
- Asphyxia Neonatorum associated with a five minute Apgar score of 0 to 5,
- Severe and persistent metabolic abnormality, including but not limited to hypoglycemia, acidemia, and hyperbilirubinemia in excess of the usual exchange transfusion level;
- Neonatal seizures or nonfebrile seizures during the first three years of life;
- Central nervous system lesion or abnormality;
- Central nervous system infection;
- Biomedical insult including, but not limited to injury, accident or illness which may seriously or permanently affect developmental outcome;
- Multiple congenital anomalies or genetic disorders which may affect developmental outcome;
- Prenatal exposure to known teratogens;
- Prenatal substance exposure, positive infant neonatal toxicology screen or symptomatic neonatal toxicity or withdrawal;
- Clinically significant failure to thrive, including, but not limited to weight persistently below the third percentile for age on standard growth charts or less than 85 percent of the ideal weight for age and/or acute weight loss or failure to

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5
PROGRAM INFORMATION SHEET

gain weight with the loss of two or more major percentiles on the growth curve;
▫ Persistent hypotonia or hypertonia, beyond that otherwise associate with a known diagnostic condition.

A parent of the infant or toddler is a person with a developmental disability.

A toddler between the ages of 24 through 35 months with a developmental delay of 33 percent through 49 percent in one of the following domains:

- Communication,
- Cognitive,
- Social/emotional,
- Self help/adaptive,
- Physical

A child 0-36 months who may be at risk for autism:

(e.g. sibling has autism, exhibits 2 or more red flags as indicated on <http://www.firstsigns.org/concerns/flags.htm> or Appendix B from Autistic Spectrum Disorders – Best Practice Guidelines for Screening, Diagnosis and Assessment, 2003)

Languages: English and Spanish. Translation to other languages may be possible.

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5

Tri-Counties Regional Center—Early Start	
Phone # (805) 543-2833- SLO	Fax # (805) 543-8725- SLO
Phone # 461-7402 - Atascadero	Fax #(805) 461-9479 - Atascadero
Physical Address: 3450 Broad Street Suite 111, San Luis Obispo, CA 93401 7305 Morro Rd. suite 101, Atascadero, CA 93422	
Mailing Address: Same	
Website: www.tri-counties.org	
<p>Program Description:</p> <p>Early Start serves children under the age of three who have an eligible developmental delay or established risk for a developmental disability. If a child is eligible, a plan is written that can include ongoing early intervention services from specialists or therapists, depending on the child’s need. Services are provided in the child’s natural environment, typically at home, daycare, or preschool. Early Start uses a “Parent Education” model to empower families to encourage their children’s developmental growth.</p>	
Hours: 8:30am – 5:00pm	
Fees: A Family Cost Participation and/or Annual Family Program Fee may apply depending on income and the child’s Medi-Cal status.	
<p>Eligibility: Children must be under age three.</p> <ul style="list-style-type: none"> • To be eligible, a child age 0-23 months must have a 33% delay, or greater, in one area of development. • A child age 24-36 months must have a 33% delay in two areas of development <u>OR</u> a 50% delay in one area of development. • A no cost eligibility assessment is completed as part of the Early Start intake process. 	
Area Served: San Luis Obispo, Santa Barbara and Ventura Counties	
Languages: English and Spanish. Translation to other languages may be possible.	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5

United Way of SLO County	
Phone # (805) 541-1234	Fax # (805) 543-5317
Physical Address: 1288 Morro St., SLO, CA 93401	
Mailing Address: P.O. Box 14309, SLO, CA 93406	
Website: www.unitedwayslo.org	
<p>Program Description:</p> <p>If a child can read at grade level by the time he or she is in fourth grade, they increase their chances of succeeding in middle school and graduating on time from high school. In 2010, United Way became the official affiliate to bring Dolly Parton’s Imagination Library to SLO County. Children enrolled in the program can receive a new, age appropriate book every month from 0 -5 years of age for. The program unlocks the magical world of books and gets children excited about reading before they enter kindergarten. The community is invited to support this effort by contributing to the fund for the Imagination Library and giving the gift of literacy to local children.</p>	
Hours: 9am – 4pm (Monday – Friday)	
Fees: Free to register; \$25.00 for 6 months- \$50.00 for one year and \$250 for (5 years) suggested.	
Eligibility: 0 (Birth) to 5 years old- ready for kindergarten	
Area Served: Must be a resident of SLO County	
Languages: English – some books in Spanish	
<p>Additional Program Information (optional):</p> <p>The community is invited to support this effort by contributing to the fun for the Imagination Library and giving the fit of literacy to local children. Contact info@unitedwayslo.org for more information.</p>	
Additional Program Information (optional):	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5
PROGRAM INFORMATION SHEET

YMCA - Little Adventures Preschool Program	
Phone # (805) 239-2037	Fax #
Physical Address: Centennial Park – Acorn Room 600 Nickerson Paso Robles, CA 93447	
Mailing Address: SAME	
<p>Program Description:</p> <p>It is the philosophy of the Y to provide preschool children with a safe, positive, fun and educational experience. The goal is to improve the physical, mental, and social well-being of each child through quality, creative, values-oriented activities which prepare children for Kindergarten. The program promotes parent involvement, healthy lifestyles, and academics. This program provides literacy development, social skills, enrichment activities (art, music, dance, etc.), character development, and countless other activities.</p>	
Hours: Preschool 7:00am – 2:20pm	
Fees: Preschool: 5 days a week- \$450.00 per month 4 days a week- \$375.00 per month 3 days a week- \$295.00 per month 2 days a week- \$205.00 per month \$50.00 Registration Fee per child \$20.00 per child or \$35.00 per Family - Annual Membership Fee	
Eligibility: Any child ages 0 - 5	
Area Served: North County	
Languages: English	
Additional Program Information (optional): Operates from 9/3/2013 – 5/23/2014	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5
PROGRAM INFORMATION SHEET

YMCA - Los Ranchos Preschool Program	
Phone # (805) 543 -8235	Fax #
Physical Address: Los Ranchos Elementary School 5785 Los Ranchos Rd. San Luis Obispo, CA 93401	
Mailing Address: SAME	
<p>Program Description:</p> <p>It is the philosophy of the Y to provide preschool children with a safe, positive, fun and educational experience. The goal is to improve the physical, mental, and social well-being of each child through quality, creative, values-oriented activities which prepare children for Kindergarten. The program promotes parent involvement, healthy lifestyles, and academics. This program provides literacy development, social skills, enrichment activities (art, music, dance, etc.), character development, and countless other activities.</p>	
<p>Hours: Preschool</p> <p>Mon: 9:30am - 12:00pm</p> <p>Tues-Fri: 8:30am-12:00pm</p>	
<p>Fees: Preschool:</p> <p>5 days/week: \$370/month</p> <p>4 days/week: \$300/month</p> <p>3 days/week: \$230/month</p> <p>2 days/week: \$165/month</p>	
Eligibility: Any child ages 0 - 5	
Area Served: SLO County	
Languages: English	
Additional Program Information (optional): Operates from 8/26/2013 – 6/12/2014	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5
PROGRAM INFORMATION SHEET

YMCA - South County Preschool	
Phone # (805) 474-1074	Fax #
Physical Address: First Assembly Church 207 Pilgrim Way Arroyo Grande, CA 93420	
Mailing Address: SAME	
<p>Program Description:</p> <p>It is the philosophy of the Y to provide preschool children with a safe, positive, fun and educational experience. The goal is to improve the physical, mental, and social well-being of each child through quality, creative, values-oriented activities which prepare children for Kindergarten. The program promotes parent involvement, healthy lifestyles, and academics. This program provides literacy development, social skills, enrichment activities (art, music, dance, etc.), character development, and countless other activities.</p>	
<p>Hours: Preschool 7:00am – 6:00pm Offering full and ½ day options.</p>	
<p>Fees: Preschool:</p> <p>\$425/mo Half-Day AM 5 Days/week \$350/mo Half-Day AM 4 Days/week \$280/mo Half-Day AM 3 Days/week \$550/mo Full-Day 5 Days/week \$475/mo Full-Day 4 Days/week \$400/mo Full-Day 3 Days/week</p>	
Eligibility: Any child ages 2 ½ - 5	
Area Served: South County	
Languages: English	
Additional Program Information (optional): Operates year round.	

FAMILY

RESOURCE

CENTERS

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5
PROGRAM INFORMATION SHEET

Coastal Family Resource Center	
Phone # 805-540-3365	Fax #
Physical Address: 880 Manzanita, Room 18, Los Osos, CA 93402	
Mailing Address: same	
Website: http://cfrc.posterous.com/	
<p>Program Description:</p> <p><u>Mission & Vision:</u></p> <p>To nurture and support healthy families through a collaboration of community organizations. The Coastal Family Resource Center envisions a community where:</p> <ul style="list-style-type: none"> • every child has a secure and happy home • every parent has the knowledge, skill, and support needed to create and maintain such a home • every family has access to and knowledge of the resources available to the community • the community as a whole is committed to nurturing and strengthening families in a responsive and empowering way • healthy families enhance the well-being of communities <p><u>Services Offered:</u> Walk-in referral and family support, parenting classes and counseling</p>	
Hours: Monday-Thursday mornings, counseling by appointment.	
Pregnancy and Parenting Support: every second Tuesday of the month 3:30-5pm	
Fees: dependent on service provided.	
Eligibility: all children and families are eligible	
Area Served: Los Osos and Morro Bay	
Languages: English and Spanish	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5

Nipomo Family Resource Center—S.A.F.E.	
Phone # (805) 473-5560	Fax # (805) 473-4373
Physical Address: 920 West Tefft, Nipomo, CA 93444	
Mailing Address: : 920 West Tefft, Nipomo, CA 93444	
Website:	
<p>Program Description:</p> <p>The Nipomo Family Resource Center serves children 0 – 18 and their families in the Nipomo Community. We provide connections to community resources, offer case management services and advocacy. We can help with food, utilities, housing, medical and dental care, counseling, health insurance, and other basic needs. We are involved with many community agencies and many of our partners use our space to provide services to their south county clients. We partner with the South County Youth Coalition to sponsor community forums and parenting classes in both English and Spanish. We run the Nipomo Youth Coalition and hold meetings for youth and adults. The Fun Run on the second Saturday in October is our annual fundraiser for youth scholarships.</p>	
Hours: Monday – Friday 8:30am – 4:30pm. After 4:30 by appointment.	
Fees: Most services are free. Medi-Cal is accepted for counseling.	
Eligibility: Children ages 0 – 18 and their families who live in Nipomo.	
Area Served: Nipomo	
Languages: English and Spanish	
Additional Program Information (optional):	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5

Oceano Family Resource Center—S.A.F.E.	
Phone # (805) 474-3690	Fax # (805) 473-4272
Physical Address: 1511 19 th St., Oceano, CA 93445	
Mailing Address: : 1086 E. Grand Avenue, Arroyo Grande, CA 93420	
Website:	
<p>Program Description:</p> <p>The Oceano Family Resource Center serves children 0 – 18 and their families in the Oceano Community. We provide connections to community resources, offer case management services and advocacy. We can help with food, utilities, housing, medical and dental care, counseling, health insurance, and other basic needs. We are involved with many community agencies and many of our partners use our space to provide services to their south county clients. We partner with the South County Youth Coalition to sponsor community forums and parenting classes in both English and Spanish.</p>	
Hours: Monday – Friday 8:00am – 4:00pm. After 5:00 by appointment.	
Fees: Most services are free. Medi-Cal is accepted for counseling.	
Eligibility: Children ages 0 – 18 and their families who live in the South County.	
Area Served: Oceano and Arroyo Grande	
Languages: English and Spanish	
Additional Program Information (optional):	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5

Paso CARES Family Resource Center—S.A.F.E.	
Phone # 805-237-3421 or 805-237-3470	Fax # 805-237-6174
Physical Address: 1802 Chestnut Street, Paso Robles, CA 93446	
Mailing Address: P.O. Box 7010 Paso Robles, CA 93447	
Website: www.pasoschools.org	
<p>Program Description:</p> <p>The Paso CARES Family Resource Center is a one-stop center where families can seek assistance to help remove barriers that interfere with their student’s success in school. Family case management available. We also offer language assessments to new students in our district whose first language is other than English. Information is available regarding parenting classes, workshops, English as a Second Language, and many other events that are in support of families.</p>	
Hours: Office Hours are 8:00-4:00 Monday - Friday	
Fees: No fees for our services	
Eligibility: Flexible ; please call for information	
Area Served: Paso Robles	
Languages: English and Spanish	
Additional Program Information (optional):	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5

San Miguel Community Support Center	
Phone # 805-712-5327	Fax # 805-462-8901
Physical Address: 1385 Mission Street San Miguel, CA 93451	
Mailing Address: 6500 Morro Rd. Suite A. Atascadero CA 93422	
Website: www.linkslo.org	
<p>Program Description:</p> <p>The San Miguel Community Support Center is located with Community Health Centers. The center has a Family Advocate who works at the center and in the schools to link families and youth with services, provide in home support, case management and coordination when families are facing multiple issues or are involved with multiple agencies.</p> <p>The center and Family Advocate also seek to bring and coordinate services to San Miguel.</p>	
<p>Hours: M-T: 9:00-5:30 and Fridays 9:00-1:00 at Center. At Lillian Larsen or Cappy Culver: Wed and Thursdays 9:00-5:30.</p>	
Fees: None	
Eligibility: Residing in San Miguel Unified School District	
Area Served: San Miguel and Heritage Ranch	
Languages: English and Spanish	
<p>Additional Program Information (optional):</p> 	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5

South County Family Resource Center—S.A.F.E.	
Phone # (805) 474-2105	Fax # (805) 474-2025
Physical Address: 1086 Grand Ave., Arroyo Grande, CA 93420	
Mailing Address: : 1086 Grand Ave., Arroyo Grande, CA 93420	
Website:	
<p>Program Description: S.A.F.E. serves children 0 – 18 and their families in Southern San Luis Obispo County. We provide connections to community resources, offer case management services and advocacy. We can help with food, utilities, housing, medical and dental care, counseling, health insurance, and other basic needs. We are involved with many community agencies and many of our partners use our space to provide services to their south county clients. We partner with the South County Youth Coalition to sponsor community forums and parenting classes in both English and Spanish,</p>	
Hours: Monday – Friday 8:00am – 5:00pm. After 5:00 by appointment.	
Fees: Most services are free. Medi-Cal is accepted for counseling.	
Eligibility: Children ages 0 – 18 and their families who live in the South County.	
Area Served: Nipomo – Shell Beach	
Languages: English and Spanish	
Additional Program Information (optional):	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5

The Link	
Phone # 805-466-5404	Fax # 805-462-8901
Physical Address: 6500 Morro Rd. Suite A Atascadero, CA 93422	
Mailing Address: 6500 Morro Rd. Suite A Atascadero, CA 93422	
Website: www.linkslo.org	
<p>Program Description:</p> <p>A “one stop” Family Resource Center with Family Advocates who work at the center and in the schools to link families and youth with services, provide in home support, case management and coordination when families are facing multiple issues or are involved with multiple agencies.</p> <p>The LINK also has Family Advocates at six middle schools in the county and can assist as part of a team to assist families with a child who is 0-5 and has a sibling(s) at one of those six middle schools. [Flamson, Atascadero, Santa Lucia, Los Osos, Judkins, Mesa]</p>	
Hours: The Resource Center is open 8:00 – 5:00pm. Family Advocates can meet with families earlier or later dependent upon need.	
Fees: None	
Eligibility: Open to all living in the service area.	
<p>Area Served: Atascadero, Creston, Santa Margarita, Carissa Plains.</p> <p>SAFE Team meetings are also available for families in Templeton although no case management services for Templeton through the LINK are currently available.</p>	
Languages: English and Spanish	
Additional Program Information (optional):	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5
PROGRAM INFORMATION SHEET

The Paso Robles Link	
Phone # 805-238-2775	Fax # 805-237-3184
Physical Address: 1802 Chesnutt Street, Paso Robles, CA 93466	
Mailing Address: 6500 Morro Rd. Suite A Atascadero, CA 93422	
Website: www.linkslo.org	
<p>Program Description:</p> <p>A “one stop” Family Resource Center with Family Advocates who work at the center and in the schools to link families and youth with services, provide in home support, case management and coordination when families are facing multiple issues or are involved with multiple agencies.</p> <p>The LINK also has 1 Full time 0-5 “Health Navigator” who works with families with children 90-5 to link them to health insurance and navigate resources to address the family’s health needs.</p>	
Hours: The Resource Center is open 9:00 – 4:00pm. Family Advocates can meet with families at varying times as needed.	
Fees: None	
Eligibility: Open to all living in the service area.	
<p>Area Served: Paso Robles, San Miguel, Shandon (as needed), Templeton.</p> <p>SAFE MDT meetings are also available for families needed intensive services.</p>	
Languages: English and Spanish	
Additional Program Information (optional):	